

Boston University's Intensive Cognitive and Communication Rehabilitation

The Intensive Cognitive-Communication Rehabilitation (ICCR) program is an intensive therapy program for young adults with acquired brain injuries, including TBI or aphasia following a stroke, who are interested in continuing or pursuing higher education.

How long is the program and when does it start?

The program is anywhere from **12-15 weeks**. It follows the Boston University schedule by semesters.

Fall semester: August-December

Spring semester: January-April

Summer semester: May-August

What is the weekly schedule?

Students attend the program 4 days a week for 6 hours a day, 10am-4pm. Two days a week, students are expected to take an independent quiz from 9:30am-10am on the content that was learned in the previous week.

What does a typical day look like?

Example Day	
Morning	Students will participate in a <u>traditional lecture style</u> classroom. They will watch a lecture, take notes, practice strategies and have a group discussion.
Lunch	One hour lunch break
Afternoon	Students will participate in an <u>elective style class</u> such as architecture, finance etc. The elective topics vary from semester to semester based on interest and goals for the group.
Other	<u>One hour of tech time each day</u> to use for a study group, college research or drafting emails. <u>Two hours</u> of individual <u>speech/language therapy per week</u> .



Will I have homework?

Yes. Students receive, on average, 1 assignment on the weekends and are also expected to study on their own. Assignments can range from writing an essay, navigating their notes to answer questions about seminar material, etc.

What is the goal of the program?

The program is designed to help students identify barriers to attending a higher education course and address them. It sets students up with accommodations and strategies that will help them take on a college course. At the end of the program a student should aim to take on 1-2 classes per semester, using tutoring courses and the disability office services.

What is the cost?

The program charges a flat fee for each semester of participation. It is a private pay model through Boston University's clinic. The program is currently exploring whether HSA or FSA funds may be used towards this program, and it is also investigating financial aid options to help reduce costs. Questions and concerns pertaining to cost details and payment options are welcomed by email at aphasiaresearchlaboratory@gmail.com.

What if I need more than one semester to master the strategies?

Students can repeat a semester if they would like and typically work closely with their therapists to determine whether another semester of treatment would be beneficial.

Do I have to live locally?

The program is currently available virtually via Zoom. If students live locally, they will attend their assessment sessions in person and attend the treatment over Zoom. The program uses Google Drive to share documents and information.

I am interested. How do I start?

If you're interested in learning more about the program or enrolling, you can contact them directly at: aphasiaresearchlaboratory@gmail.com

