

Sing For Speech:

Daily Exercises for Expressive Language

Sing for speech is an interactive, online therapeutic program for families, care teams, and speech and music therapists

This innovative E-program is designed for daily use to support individuals with:

- Aphasia, apraxia and dysarthria
- Traumatic brain injury/stroke
- Autistic and Developmentally Different individuals
- Parkinson's, Dementia and other neurodegenerative diseases
- Anyone with expressive language needs

Exercises include engaging, research-supported techniques, based upon author Alie Chandler's 20+ years of clinical music therapy experience, specialized trainings, and collaboration and consultation with speech-language pathologists.

Designed for both families and therapists to use as a supplement to speech and/or music therapy.

Sections include:

1. Physical Warm-ups for Singing
2. Breathing Exercises
3. Vocal and Articulation Singing Exercises
4. Therapeutic Singing
5. Melodic Intonation Therapy Phrases

A video preview can be found on the website at:

www.ossiamusictherapy.com/services-5



SING FOR SPEECH E-PROGRAM

An interactive, online guide with music-based speech exercises for those with expressive language difficulties and their families and care teams

By Alie Chandler, MM, MT-BC
Neurologic Music Therapist

Exercises for Articulation

Vocal Warm-ups

Warm-up 4: Consonant Sounds
Click the video dot to sing along. Tap your left hand to the beat. Repeat each video 3 times, but rest when tired. Remember to relax your face and jaw and breathe!

*"K" sound: Tongue hits roof of mouth

Kay Kay Katie - Katie - Kay



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Melodic Intonation Therapy Phrases

Phrase 1: "Some water, please"

Step 1:

- Click on the blue note dot and listen.
- Tap your left hand to the beat.
- Sing "ah" with the recording, 10 times.
- If you make a mistake, stop and listen again. (Partners may help by holding and tapping the singer's left hand to the rhythm.)



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Therapeutic Singing

Fill-in-the-Blank Songs

Click the video dot and sing along! Fill in the words that are underlined. Tap your left hand.

"My Bonnie"

My Bonnie lies over the ocean
My Bonnie lies over the sea
My Bonnie lies over the ocean
So bring back my Bonnie to me
Bring back, bring back
Bring back my Bonnie to me, to me
Bring back, bring back
Bring back my bonnie to me!



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Available at
www.ossiamusictherapy.com



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